



SACRED PATHWAYS to Intimacy

2-DAY WORKSHOP WITH BENJI & ALANNA ALEXANDER • PATHWAYS777.COM

STUDY GUIDE

The 7 Sacred Pathways to Intimacy: How a Narcissistic Husband & a Depressed Wife Created a Beautiful Marriage

I. Pathways to Intimacy

- A. What are the 7 Sacred Pathways?
- B. Why are the 7 Sacred Pathways to Intimacy a non-negotiable foundation for building authentic expressions of Heaven on Earth?
- C. 7 secrets to ruling and reigning on each pathway in your own life.
- D. Testimony time:
 1. How Benji and Alanna Alexander used the 7 Sacred Pathways to redesign their marriage, family, and Kingdom movement.
 2. Benji and Alanna share their pain from 7 years of marriage, how it led to keys to a journey bringing mastery of the 7 Sacred Pathways to Intimacy.

II. The 7 Sacred Pathways to Intimacy

- A. Sacred Pathway #1: **The Spiritual Pathway.**

The Spiritual Pathway determines your personal ability to receive and to express love.

B. Sacred Pathway #2: **The Emotional Pathway.**

The Emotional Pathway determines your ability to communicate love effectively.

C. Sacred Pathway #3: **The Intellectual Pathway.**

This determines your ability to create intimate connection and determines your ability to receive the loving that you want, when you want it, and how you like it without manipulation or control.

D. Sacred Pathway #4: **The Sensual Pathway.**

We call this the forgotten pathway because many of us don't know that it exists or how to use it to build intimacy in a marriage. It is the realm of non-sexual touch, hugging, kissing, massage, holding hands and snuggling and may be one of the best-kept secrets to a lit-up love life!

E. Sacred Pathway #5: **The Financial Pathway.**

This determines whether money is the servant or the master of your life, marriage, family, and community.

F. Sacred Pathway #6: **The Leadership Pathway.**

The Leadership Pathway determines how influence, power, and decision-making authority is distributed in a relationship. It also determines the process of creating vision and how power is stewarded in relationships.

G. Sacred Pathway #7: **The Sexual Pathway.**

The Sexual Pathway determines how sex and sexual activities are stewarded in a marriage.

1. Is it a celebration?
2. Is it wildly exciting and passionate?
3. Is it happening?
4. Is it a tool for control?
5. Is it painful?
6. Does it build intimacy, or does it drive you apart?

III. Keys for Success

- A. **Key #1:** Learn how to develop a vision for wildest dreams-status intimacy in all of the 7 Sacred Pathways to Intimacy, whether you are single or married.
- B. **Key #2:** Extreme ownership.

There is a dance between ownership and narcissism. Without ownership, you cannot operate The 7 Sacred Pathways to Intimacy and will suffer the consequences of failing to take ownership.

(Find out how much this cost Benji and Alanna, and how Benji overcame the narcissism that nearly killed their marriage.)

- C. **Key #3:** The secret to getting whatever you want in life: Do whatever it takes.

The secret to doing whatever it takes is developing your anterior mid-cingulate cortex. You do that by embracing hard things every day.

IV. Secrets to Ruling and Reigning

- A. **Secret to Ruling and Reigning in the Spiritual Pathway:** You must become love. The journey to becoming love is the journey out of the loveless orphan existence into Sonship and a perpetual love overflow.

- B. **Secret to Ruling and Reigning in the Emotional Pathway:** You must become a master at creating safe atmospheres.
- C. **Secret to Ruling and Reigning in the Intellectual Pathway:** You must master curiosity, vulnerability, and generous negotiation.
- D. **Secret to Ruling and Reigning in the Sensual Pathway:** When you master the Spiritual, Emotional, and Intellectual Pathways, you will automatically rule and reign in the Sensual Pathway.
- E. **Secret to Ruling and Reigning in the Financial Pathway:** You must master Kingdom Economics.
- F. **Secret to Ruling and Reigning in the Leadership Pathway:** You must go beyond power struggles and co-dependent relationship tactics and learn how powerful people share power.
- G. **Secret to Ruling and Reigning in the Sexual Pathway:** When you master the Spiritual, Emotional, and Intellectual Pathways, you will automatically rule and reign in the Sexual Pathway.

V. The 7 Sacred Pathways to Intimacy VIP Training

- A. In this training, **you will uncover the real root cause of why Christians have failed to establish authentic expressions of Heaven on Earth** in their marriages, parenting, families, churches, and communities.
- B. You will also learn how **this current move of God is releasing an unprecedented solution from Heaven** which is changing that in our generation —perhaps for the first time in history?
- C. You'll also see a blueprint from Heaven that is fast-tracking cultural architecture and simplifying the process of establishing authentic expressions

of Heaven on Earth everywhere we go.

- D. **What is the real reason that Christians have failed to establish authentic expressions of Heaven on Earth** in their marriages, parenting, families, churches, and communities for generations?

The secret root cause of all of our marriage, parenting, family, church and community dysfunction is that we have not been adequately parented.

- E. **What is the move of God that is releasing a solution from Heaven that is changing this for the first time in history?**

In this current move of God, our Father in Heaven is re-parenting us like never before in history.

- F. **What is the simple blueprint from Heaven that the Father is releasing to fast-track cultural architecture?**

1. To break the multi-generational cycle of dysfunction, **this move of God is taking what is rare and making it common.**
2. **A solution from Heaven that the world has never seen before is being birthed into the Earth right before our eyes.** This is an hour when our Father in Heaven is re-parenting us all at a level that history has never seen before.

The outcome is that the unstoppable family of God is rising up with a renewed mind and walking in the infinite possibilities available in Jesus as they co-labor with the Father to redesign reality and create the future.

VI. The Father's Blueprint for Heaven on Earth Parenting

- A. Create a precision vision for the family.

- B. Make the family the safest place in the world.
- C. Lay the foundations of unconditional love, identity, and connection.
- D. Clearly communicate that the ultimate purpose on His children's lives is to be as loved as love can be.
- E. Turn the family into the University of Heaven on Earth that empowers every child to rule and reign in the 7 Sacred Pathways to Intimacy.
- F. Make His children unstoppable.